Seahawks Lap-a-Thon

Tuesday, May 25, 1:00 to 2:00 (long course) and 2:15 to 3:15 (short course)

Seahawks: We usually do a lap-a-thon fundraiser for the Grace Children's Orphanage in Amalapuram, India, each spring. But last year's COVID panic kept us out of the pool from the end of March through June and the limitations of returning prevented the event from happening for the first time in nearly 20 years. We're going to try again the year by doing it in one day, Tuesday, May 25. Unlike other years this will not be mandatory but we hope you'll consider participating and that each family will try to raise $50. Because of the pandemic the orphanage has even more needs than usual. Our goal is to raise $2,000 for the orphanage.

I love this event because it builds great confidence in swimmers who have an apprehension toward swimming long distances. This is a worthy endurance challenge for each swimmer to see how many lengths he or she can swim in 60 minutes. I have seen swimmers who thought 8 to 12 lengths were too difficult become comfortable with longer swims because they pushed their limit by giving their all for this event. Last year over 90% of the participants swam at least 1 mile (72 lengths short course or 32 lengths 50-meter pool)>

The team record for short course is 203, held by Will Basden; the girls record is held by Samantha Hager, 180; Long course records is also Samantha Hager, 77, and for the boys: Caleb Gardner, 75.

Because of TAC'S restrictions parents won't be able to count for their children, so we will need swimmers to come early or stay late to help with the event. Please register by by Monday, May 17th at the website to reserve your lane. To help with the costs, swimmers will pay their regular swim fee to participate.

Sponsor's Name	Phone	Pledge Per Lap	Max. Laps Pledged*	Max-amount Pledged*	Total Due**
Andrew Murray	266-5974	50 cents	100	$50.00	

This is to certify that _____has completed_____laps on ___May_/_____25___/2021

Coach Matt Finneran_____

* Sponsor pays only up to total of laps pledged. ** Determined after swimmer's completion of lap-a-thon. Each 25-yards swam constitutes one length. Please make checks payable to The Christian Community, 4960 Harbour Towne Dr. • 919-212-6955 • www.coreathletes.net